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THE RUMORS

"I would never
steal anyone's
boyfriend—it's
bad karma"

ELLE **BEAUTY** BODY HEALTH

Katz and other doctors are experimenting with "laser lipo," although there's no actual liposuction involved. A laser fiber (a long cord with a laser beam in it) is threaded through the fat via a cut beneath the chin. Once in place, the laser, an Nd:YAG, is fired once, essentially vaporizing the fat. (The photo-acoustic effect from the laser causes the cells to

burst.) "The fat is absorbed by the lymph system and excreted like other metabolic by-products," Katz says. The appeal of laser lipo, he adds, is that there's no downtime and, unlike the Titan, it requires only a single visit. "It's a one-shot deal," he says. "Literally and figuratively."

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